



Angelo Bissessarsingh Heritage House

Heritage Expressions: Visual & Performing Arts Workshops

Preserving Culture, Inspiring Creativity, Shaping Tomorrow.

ANGELO
BISSESSARSINGH
HERITAGE
HOUSE
BELMONT
TRINIDAD



Welcome to the Angelo Bissessarsingh Heritage House

Welcome to our vibrant hub where heritage, creativity, and education join forces to turbocharge the future of our young minds! Prepping for CSEC and CAPE is more than just cramming facts; it's about thinking on your toes, cracking puzzles with flair, and expressing your genius with gusto.

Enter Art and Drama, stage left!

The arts are the ultimate secret weapons: they teach discipline, focus, and unleash your imagination. Drama is the confidence booster, speech sharpener, and persuasion powerhouse you never knew you needed, perfect for nailing oral exams, acing written papers, and dazzling in everyday life.

Meanwhile, visual and creative arts are your ticket to innovation and fresh perspectives, making examiners swoon!

At the Heritage House, our workshops are the perfect playground, blending cultural heritage with modern smarts. Students dive into art and drama, gearing up for exams and gaining resilience, teamwork, and creative problem-solving skills that last a lifetime.

We invite schools to join our mission, where heritage inspires, art transforms, and drama empowers.

Ready to rock and roll?



Meet Carmelita

I am Carmelita Bissessarsingh, a Trinidadian artist, educator, and heritage preservationist committed to safeguarding and celebrating Trinidad and Tobago's cultural and architectural legacy. As the sister of the late historian Angelo Bissessarsingh, I continue his mission of making history accessible, engaging, and alive for new generations.

My academic journey began at The University of the West Indies (St. Augustine). I earned a BA in Visual Arts, specializing in design, focusing my research on colonial architecture and its relevance to climate resilience. 2022 I acquired two historic gingerbread-style homes in Port of Spain: the Meyler House, now the Angelo Bissessarsingh Heritage House (ABHH), and the Boscoe Holder House (BHH). These spaces are transformed into dynamic cultural centers dedicated to storytelling, education, and the arts.

Professionally, I bring over a decade of experience as a secondary school Visual Arts teacher and cultural program coordinator, alongside roles in the Ministry of Education and the Ministry of Youth Development and National Service. Today, as Director and Owner of ABHH and BHH, I design and lead heritage programs, art and drama workshops, and community partnerships that connect history, creativity, and education.

My vision is to ensure that heritage remains preserved and a living, participatory force for education, empowerment, and cultural pride.



Meet Sasha

I am Sashta. I am a Theatre Arts practitioner with over seven years of experience teaching, performing, and facilitating drama workshops. My practice is rooted in versatility—I act, sing, dance, and write—each discipline giving me new ways to tell stories and connect with others.

I hold a BA in Literatures in English and Theatre Arts from the University of the West Indies, St. Augustine. My curiosity and love of learning have taken me across the world, where I have lived in and experienced different cultures. These journeys not only deepened my appreciation for global traditions but also strengthened my commitment to sharing the richness of Trinidad and Tobago's culture with others.

I believe that our stories, past and present, are powerful tools of identity and legacy. That is why the Angelo Bissessarsingh Heritage House holds special significance for me—it is more than a building; it is a living archive of memory and tradition, a place where our collective past continues to shape our future.

I am especially passionate about working with young people, using the arts as a tool to inspire, transform, and empower them. Theatre, to me, is more than performance—it builds empathy, sharpens creativity, and nurtures a deeper appreciation for who we are as a people. By passing on these values, I hope to cultivate not only artists, but well-rounded individuals who understand and cherish our cultural heritage.



Visual Arts

Visual Arts education provides students with more than technical skill; it opens the door to creative problem-solving, personal expression, and cultural connection. At the Angelo Bissessarsingh Heritage House, Visual Arts workshops are designed to inspire CSEC and CAPE students to look deeper—into their environment, their heritage, and themselves. Surrounded by the textures, motifs, and architecture of this historic space, students engage with drawing, collage, textile design, installation, and digital media in ways that are both hands-on and portfolio-ready. Each workshop balances traditional skills with contemporary approaches, ensuring that learners not only strengthen exam preparation but also gain a deeper appreciation for the cultural narratives shaping their identities. Through guided exploration and critique, students leave with tangible works and reflective practice that serve their academic journey and future creative careers. Visual Arts here is not just taught—it is experienced, remembered, and lived.

- ✱ **Experiential Learning:** Students immerse themselves in heritage spaces, transforming observation into artistic expression.
- ✱ **Skill + Concept Balance:** Workshops focus on both technical proficiency and creative storytelling.
- ✱ **Future-Focused:** Sessions build confidence for academic success while encouraging pathways into creative industries.

Heritage Sketch Lab: Observational Drawing & Architecture

Focus: Perspective, proportion, shading with heritage details

Schedule:

- 9:00 – 9:30 Welcome & icebreaker sketches.
- 9:30 – 10:30 Intro to perspective + guided architectural drawing.
- 10:45 – 12:00 On-site observation sketching (doors, fretwork, windows).
- 12:45 – 1:45 Shading & texture techniques.
- 1:45 – 2:45 Final polished composition.
- 2:45 – 3:30 Group critique & reflection.

Student Deliverable: Portfolio-ready architectural study.

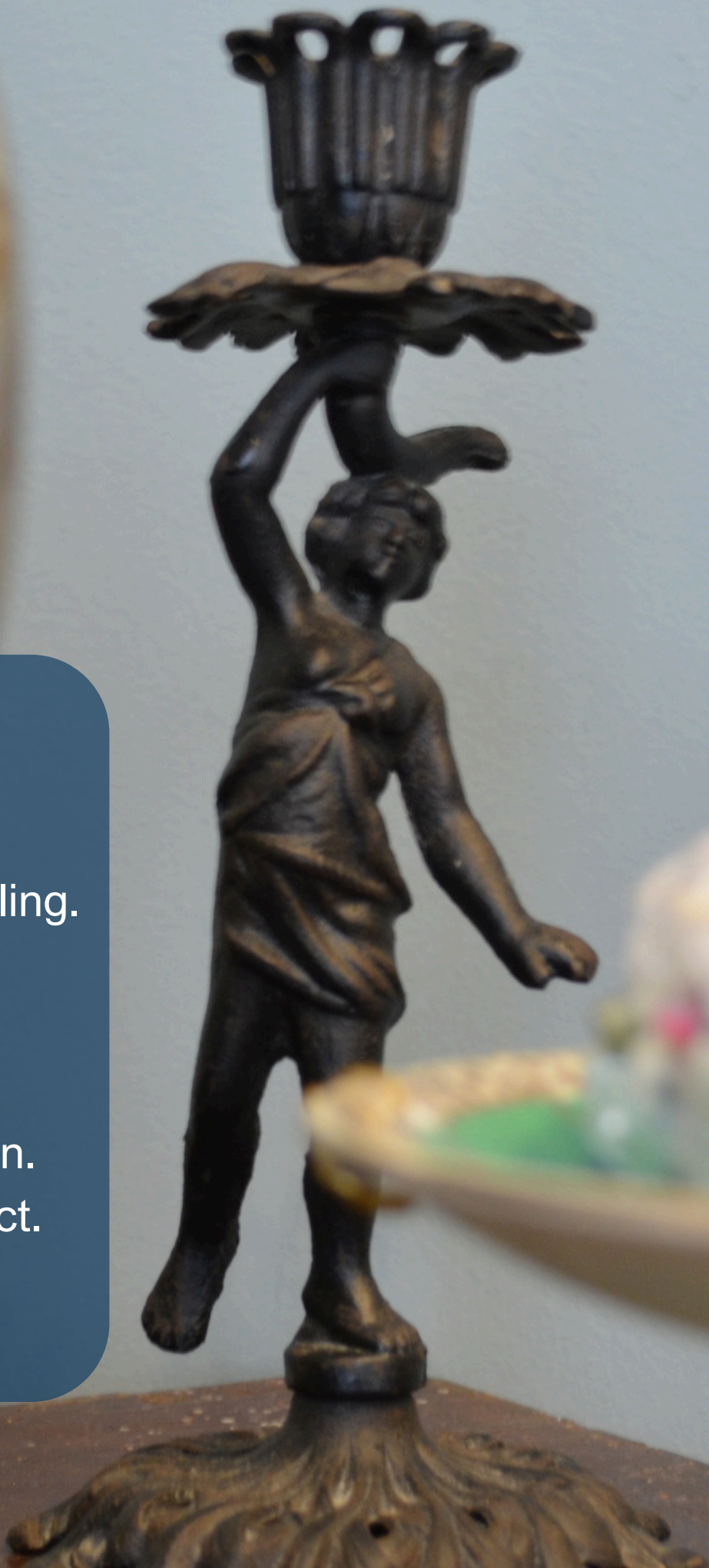
Mixed Media Heritage Collage: Telling Stories Through Layers

Focus: Storytelling using collage, textures, and cultural motifs.

Schedule:

- 9:00 – 9:30 Introduction to collage and visual storytelling.
- 9:30 – 10:30 Collecting materials (magazines, fabric, photocopies of heritage motifs).
- 10:45 – 12:00 Layering & composition techniques.
- 12:45 – 1:45 Personal heritage theme collage creation.
- 1:45 – 2:45 Adding text & symbols for narrative impact.
- 2:45 – 3:30 Showcase & peer critique.

Student Deliverable: Finished collage + reflection note.



Textile Arts: Pattern, Print & Culture

Focus: Surface design inspired by Caribbean flora, motifs, and fretwork.

Schedule:

- 9:00 – 9:30 Introduction to textile history & Caribbean influences.
- 9:30 – 10:30 Demonstration: block printing & stencil techniques.
- 10:45 – 12:00 Designing and carving simple block/stencil motifs.
- 12:45 – 1:45 Printing onto fabric swatches.
- 1:45 – 2:45 Creating repeat patterns & experimenting with colors.
- 2:45 – 3:30 Group exhibition of fabric swatches.

Student Deliverable: Printed textile swatches for portfolio/costume projects.

Digital Meets Heritage: Photography & Visual Storytelling

Focus: Using photography & editing for cultural narratives.

Schedule:

- 9:00 – 9:30 Introduction to photography as art form.
- 9:30 – 10:30 Hands-on session: camera basics (framing, light, angles).
- 10:45 – 12:00 Photo walk around the Heritage House & surroundings.
- 12:45 – 1:45 Selecting & editing photos (using free editing apps/software).
- 1:45 – 2:45 Sequencing images into a visual story.
- 2:45 – 3:30 Photo showcase & critique.

Student Deliverable: A short photo-essay (digital or printed).

Visual Arts & Theater Workshop Price Plan

Duration: 1 Day (9:00 AM – 3:30 PM)

Includes: Heritage venue, guided instruction, group critique, digital certificate.

PRICE: \$100 TTD PER STUDENT
GROUP BOOKING (15+ STUDENTS): \$80 TTD PER STUDENT

Add



SKETCH KIT PACK – \$60 TTD PER STUDENT

INCLUDES: BRANDED JOURNAL OR SKETCH PAD, DRAWING PENCILS (2B–6B), SHARPENER, ERASER.

Add



TEXTILE PRINTING KIT – \$120 TTD PER STUDENT

INCLUDES: BLOCK PRINTING FOAM, INK/STAMPING PAINT, ROLLERS.

Visual Arts - After School Creative Programmes

Creativity lives here! After-school art, drama, and photography sessions at the Angelo Bissessarsingh Heritage House.

Build skills. Build portfolios. Build confidence.

- ✱ **Heritage Sketch Club -** Observational drawing around the Heritage House & neighborhood.
- Builds technical drawing discipline and cultural awareness.
- \$ \$100 TTD per session or \$550TTD per 6-week term

- ✱ **Portfolio Prep Studio**
- Focus: Drawing, painting, mixed media, and SBA portfolio guidance.
- Small group critiques and one-on-one mentorship.
- \$ \$120 TTD per session or \$720TTD per 6-week term

- ✱ **Special Add-On - Portfolio Review (One-on-One, 1 hr): \$120 TTD**

Drama

Drama and Theatre Arts education offers students far more than stagecraft; it cultivates confidence, empathy, collaboration, and a deeper understanding of cultural identity. At the Angelo Bissessarsingh Heritage House, workshops inspire CSEC and CAPE students to explore performance as both art and inquiry, inviting them to step into roles, stories, and traditions that reveal as much about themselves as they do about the world.

Set within the rich historical backdrop of the House, students engage in acting, improvisation, playwriting, movement, voice, and theatrical design. Each session is practical and reflective, blending traditional dramatic techniques with contemporary performance styles to equip learners with portfolio-ready work and sharpened exam preparation.

Workshops emphasize creative exploration and critical thinking, encouraging students to question, reimagine, and embody cultural narratives in personal and communal ways. Participants develop tangible skills and cultivate a lifelong appreciation for the role of the arts in preserving and celebrating heritage.

- ✱ **Experiential Learning:** Engage in role-play to experience real-world perspectives and strengthen critical interpretation skills.
- ✱ **Skill + Concept Balance:** Strengthen communication and coordination skills while understanding the concept of collective storytelling and shared responsibility.
- ✱ **Future-Focused:** By connecting heritage with performance, students understand their identity and history, shaping leaders who can carry culture forward while engaging globally.

Character & Storytelling

Focus: Developing acting skills, building believable characters, and connecting performance to cultural narratives

Schedule:

- 9:00 – 9:30 Warm-up & Icebreaker – Theatre games, movement, and voice exercises.
- 9:30 – 10:30 Exploring Character – Body language, voice, and gesture exercises to build distinct personalities.
- 11:00 – 12:30 Improvisation & Role-Play – Students improvise scenarios, experimenting with character motivations and cultural archetypes.
- 1:30 – 2:30 Monologue Writing/Devising – Students craft a short monologue or scene from the perspective of their created character.
- 2:30 – 3:15 Performance Sharing – Presenting monologues/scenes, with peer and facilitator feedback.
- 3:15 – 3:30 Reflection circle: What did you learn about yourself, character, and culture

Student Deliverable: A short monologue or improvised scene showcasing an original character.

Theatre & Heritage

Focus: Connecting dramatic practice with history and cultural identity

Schedule:

- 9:00 – 9:20 Welcome & Warm-up – Movement-based energizers.
- 9:20 – 10:30 Exploring Heritage through Theatre – Story circle: sharing folktales, local proverbs, or historical events.
- 11:00 – 12:30 Devising Workshop – Students work in groups to transform a cultural story into a performance using drama techniques (tableaux, mime, stylized movement, choral speech).
- 1:30 – 2:30 Rehearsal – Groups refine their devised performance, incorporating voice, space, and movement.
- 2:30 – 3:15 Showcase – Each group performs for peers.
- 3:15 – 3:30 Feedback & reflection on culture, creativity, and performance.

Student Deliverable: A short group performance (5–7 minutes) dramatizing an aspect of Trinidadian culture or folklore.

Playmaking & Performance Skill

Focus: Script development, ensemble work, and stage presence.

Schedule:

- 9:00 – 9:30 Ensemble Warm-up – Trust-building games, movement and voice drills.
- 9:30 – 10:30 Playwriting Basics – Exploring dialogue, conflict, and structure.
- 11:00 – 12:30 Script Creation – Students work in small groups to draft short 2–3 minute scripts.
- 1:30 – 2:30 Rehearsal – Students block and rehearse their original scripts.
- 2:30 – 3:15 Performance & Feedback – Showcase of scripted scenes with facilitator and peer responses.
- 3:15 – 3:30 Reflection and wrap-up.

Student Deliverable: A short scripted scene (2–3 minutes) written and performed by students

Voice, Movement & Physical Theatre

Focus: Developing expressive tools for performance through the body and voice. Students learn to use physicality and sound to tell stories beyond words.

Schedule:

- 9:00 – 9:30 Warm-up & Body Awareness – Stretching, breathing, and ensemble games to prepare the body and voice.
- 9:30 – 10:30 Voice Exploration – Projection, articulation, rhythm, and using the voice as soundscape.
- 11:00 – 12:30 Movement in Storytelling – Exercises in mime, gesture, and creating meaning through the body. Introduction to tableaux and physical ensemble work.
- 1:30 – 2:30 Physical Theatre Creation – Small groups devise a short piece using only movement, rhythm, and minimal dialogue.
- 2:30 – 3:15 Showcase & Feedback – Groups present their physical theatre pieces to the class, followed by peer and facilitator responses.
- 3:15 – 3:30 Reflection circle: What did you discover about expressing yourself without words?

Student Deliverable: A short physical theatre piece (2–3 minutes) combining movement, voice, and rhythm.

Let's Work Together

Partner with us to shape tomorrow's creative leaders.

Sign Up Here

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